



THE REGENT DIGEST

VOLUME 5, ISSUE 16

FRIDAY 20 JANUARY 2017

SPECIAL POINTS OF INTEREST:

- **Exeat Weekend**
2 PM Friday 20th - 4 PM
Sunday 22nd January
2017.
- **Mini Education & Careers Fair**
Thursday 26th January
2017.
- **Open Day** Friday 27th
January 2017.
- **Sports Day** Saturday
28th January 2017.

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INTRODUCTION

Read the impressions of six Year 6 students who enthusiastically participated in last week's Crazy Weekend, hosted by Mr. Olusegun Akinola, VP Boarding, and Regent Secondary hostel staff. Also read Amarachukwu Louis-Okonkwo's article, outlining her impressions of the Duke of Edinburgh students' visit to the Hope for Survival Orphanage in Mabushi, Abuja. Take special note of her appeal to the Regent community to donate second-hand clothes, books, stationery and food stuffs. Your donations will be much appreciated!

CRAZY WEEKEND

On Friday, 13th January, 2017, some of the Year 6 pupils from Regent Primary School went to Regent Secondary for the weekend. On arrival, we got paired up with a buddy. My buddy's name was Zeenat. She was awfully nice to me and I really respect her for that. We were placed in different hostels and my hostel was called Oduduwa. When we had settled in, we changed into sportswear and left the hostel for dinner and Zumba where we did a lot of dancing. This was followed by a barbecue party. Friday was absolutely fun.

The next day was Saturday and it was loaded with activities like morning sports, treasure hunt, skills acquisition and crazy costume night. My group won the treasure hunt and, for clubs, I joined sculpture and bead-making. I just love art and creating things. The crazy costume night was a night I will always remember. Everyone dressed in a costume. Some were odd, some outrageous and some very crazy. We had three winners and Carissa was one.

I really loved the crazy weekend and wish I can re-live the three wonderful days.

Azeemah Shehu (Year 6)



On Friday, 13th January, The Regent Secondary School hosted students from Regent Primary and Abuja Prep for a crazy weekend. The weekend kicked off at 5 p.m. in front of the girls' hostel. Pupils were placed in different hostels according to gender and we were told who our buddies were. I was placed in El-Kanemi Hostel with most of my friends. After settling in, we made our way to the dining hall for a little talk and some delicious food. After the meal, we had Zumba and night football. Everyone got to show off their skills in dancing. We also, had a barbecue and drinks. The night ended at 10.30pm, with all of us tucked in nicely in our beds.

The next morning, we had sports and it was a good and lively way to start off a busy day. Breakfast was waffles, a well-known Saturday breakfast choice and then we had prep. We also signed up for various activities and I chose sculpture and got to do other art activities, like splash. The secondary school students with us were very helpful. That night was vibrant, as we all got ready for crazy costume night. By 7.30 p.m., we entered a transformed dining hall and it was an exciting evening indeed. There were dance presentations, sumptuous meals and great music.

On Sunday, the Christians had church service and the Muslims had Islamiyah. Inspection was carried out in the hostel which was very good training, producing fantastic results. There was a delicious lunch of jollof rice and then group pictures were taken after which it was time to go. It was a wonderful experience and, for me, the best sleepover ever. The Regent Secondary School was a good host and my thanks to you all.

Dawn Obot (Year 6R)



Respect Responsibility Resourcefulness

Crazy weekend started on Friday, 13th January and I was so sad to see it end so soon. It was truly one of the greatest weekends of my life. It may not be the first time I am staying somewhere without my parents, but this experience I can guarantee I will never forget.

The food was spectacular! We were served different types of dishes, which were so delicious and couldn't have been better. Also, the entertainment was absolutely amazing. There were different types of performances like dancing, a costume parade and even rapping. It was truly spectacular and I don't think anyone of the Year 6 students will forget those experiences anytime soon.



The Regent Secondary School boarders were terrific. They were like tour guides showing us around and generally making us feel welcome. It amazed me, when I saw how organised they were. The boarding staff too were just wonderful, and so really helpful. All were nice and friendly, from the house parents to the chef.

I absolutely love The Regent Secondary School and hope that I will be here next session.

Nabil Muktar Tambuwel (Year 6)



Respect Responsibility Resourcefulness

On Friday, 13th January, the Year 6 pupils of The Regent Primary and Abuja Preparatory were at Regent Secondary for a crazy weekend. There were four hostels in the school: El-Kanemi and Oduduwa for girls, and Obi and Danfodio for boys. We arrived at the hostels in two buses with all our bags.



On arrival, we were introduced to our buddies who quickly helped us to settle in and then we went for dinner. Later, there was Zumba for the girls, while the boys had night football. We all had barbecue and drinks before going back to the hostel, where we showered before going straight to bed.

On Saturday, 14th January, we had morning sports like boys' and girls' football, basketball and karate. Breakfast was fun and then there was prep. There was a treasure hunt. We were grouped into yellow, red, blue and green teams and also signed up for clubs. Lunch was nice. We had parents and teachers for the crazy night. Carissa came first, Olisa second, and Nabil third.

On Sunday, there was Islamiyah and church service and hostel inspection. It was all very good!

Heeba Bello (Year 6)

My experience at The Regent Secondary School was entertaining and fun. It all started on Friday, 13th January. I was assigned to room number 1 in Obi Hostel with friends like Mohammed, Feron and Munir.

We settled in quickly with the help of our buddies and prepared for dinner and night football. On Saturday, we had morning sports. Breakfast was nice as we were served waffles with jam or butter. A lot of pupils asked for more but I was too full. Next, we had prep in the library. I read a bit from the book titled, 'Percy Jackson and the Titan Curse'. We also had a treasure hunt and my team came third. For lunch, shawarma and fries were served. That was my favourite meal, and I ate so much that I staggered to the hostel.

There was a football game between the Year 7 students and my form mates. It ended with a score of 8 goals 7. Later in the evening, it was time for the crazy costume party and I dressed up as Elvis Presley. This was the highlight for me!

Overall, my stay at The Regent Secondary School was amazing and I would love to do it again.

Olisaemeka Uchenwa (Year 6)

SPORTS DAY – FOOTBALL MATCH

There will be a friendly football match between the Regent Primary School fathers and Regent Secondary School fathers to round up the proceedings on the Sports Day, next Saturday, 28 January 2017. To this end, we are looking to build our Regent Secondary fathers' team. Any interested fathers are asked to contact the Registrar, Miss S. Adebowale, on or before Thursday, 26 January. Thank you.

On Saturday, 14th January 2017, the Duke of Edinburgh students, both bronze and silver, went on a visit to the Hope for Survival Orphanage in Mabushi, Abuja. It was an enthralling experience for all those who participated. Hearts were touched and lives were changed.

We set out to the orphanage at 2:30 p.m. and on getting there we met the children having their lunch, so we sat with them and began talking whilst swapping hilarious folklore stories. We also played some board games like scrabble, checkers and chess. A vote of thanks was given from both sides and a prayer was shared. Meeting these children and seeing their way of life made us all realise how privileged we are. This gave rise to great sense of gratitude and appreciation as we undertook our bus ride home.

After meeting the children at the orphanage, all Duke of Edinburgh students and our award leaders decided that we would like to do something to help the orphanage. We intend to do this by getting donations from our school community. Please help us with our attempt to impact positively on these children's lives. Any donations will be appreciated; nothing will be considered too small or too big. Things like second-hand clothes, still in good condition, books, stationery and food stuffs are all donations that are greatly needed.

It was an experience of a lifetime and I wholeheartedly wish that another visit will be scheduled soon, so that I can catch up with my new friends.

Amarachukwu Louis-Onkonkwo (Year 10 Duke of Edinburgh student)



Respect Responsibility Resourcefulness

READER OF THE WEEK

Congratulations to Felix Ogedegbe (Year 8 Volta).
Felix has read and reviewed the following three books:

- Warriors of Ethandun by M.M Browne
- Cirque Du Freak By Daqrren Shan
- The Shaman Boy by Caroline Pitcher



QUOTATION OF THE WEEK

‘The ultimate test of a moral society is the kind of world that it leaves to its children.’

-Dietrich Bonhoeffer (1906 -1945), German Lutheran theologian

ANNOUNCEMENTS

IGCSE and Checkpoint Registration: This is a gentle reminder to our Year 9 and 11 parents that the deadline for payment of IGCSE and Checkpoint examination is **January 31st 2017**. After this date, late fees will apply as all entries need to be submitted to the British Council by **January 31st 2017** (see first correspondence).

THE REGENT SECONDARY SCHOOL MINI-FAIR

INVITATION FOR PARENTS OF STUDENTS IN YEARS 10 AND 11

Dear Parents:

After the success of the past two years, we have decided to run our Mini-Education Fair again this year, and I would like to cordially invite you to attend. Approximately 20 schools from Nigeria and other parts of Africa, along with schools in the UK, will be represented.

Details are as follows:

DATE: Thursday, January 26, 2017

TIME: 2:15 – 5:00 PM

VENUE: School Dining Hall

Please plan to Attend!

Dr. G. A. Hickman

STUDENT OF THE WEEK



SULEIMAN MAIYAKI
YEAR 8 VOLTA

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