



# THE REGENT DIGEST

VOLUME 5, ISSUE 14

FRIDAY 6 JANUARY 2017

## SPECIAL POINTS OF INTEREST:

- **Issue of Term 1 Reports** Monday 9th January 2017.
- **Activities & Boosters Start** Tuesday 10th January 2017.
- **Parent Teacher Consultations** Friday 13th & Saturday 14th January 2017.
- **Crazy Weekend** Sunday 15th January 2017.

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**W**elcome back everyone - I hope you all enjoyed your break from school!

Some of our students have spent the holidays travelling. Dawit Eminu sounds like he had a great time in Dubai and the school ski trip was an obvious hit. Please read on to find out more.

The Term 1 school reports will be issued on Monday 9<sup>th</sup> January. We will then be holding Parent Consultations on Friday 13<sup>th</sup> and Saturday 14<sup>th</sup> January. Please remember to book your appointments with the relevant teaching staff.

Happy Reading!

## SKI & EDUCATIONAL TRIP SWITZERLAND 2016



The 10th of December 2016, a day I will never forget. It was the first day most of us went skiing for the first time. We woke up early and ate breakfast and off to the mountains we went. We were all assigned to various Ski Instructors. I was in the Beginner Group and my Instructor's name was Sergio. He taught us the basics of skiing before we were allowed to go up the mountains.

In my group, I had my friends from The Regent School and after the first day skiing, we felt very proud of what we achieved. It was very hard at the beginning and we fell many times but kept trying even harder. The excitement was so much that we kept going back up to try skiing down again.

In other groups, there were students from different schools around the world. I have made friends with two girls from Singapore. It was a wonderful experience.

We were not able to ski before but now can and it is only because we kept trying. I am pleased with everyone for not giving up.

**Helen Mulugheta (Year 11)**



**Respect Responsibility Resourcefulness**

Today was very exciting. Everyone wanted to go skiing for the second time because we had so much fun on the first day. We had cereal and bread for breakfast. After breakfast, we left for the mountains to ski.

My group got to go to the glaciers and it was the highest part in Verbier. It was about -70C and it was so very cold. We took many pictures. There was this telescope that told us the names of some mountains in Switzerland when we looked into it.

After that, we went down in a cable car. It was so big and it could fit about 140 people. When we went down, we finished our ski lesson and went back to the Resort.

When we arrived, we had a choice of whether to go to town or stay at the Resort. After dinner, we had to make a music video. The song was “Can’t stop the feeling” by Justin Timberlake. There were 6 parts and each school was divided into groups. When a group finished, they were allowed to watch funny videos. When we were all done, we listened to some calming music and we went to bed.

Today was a lot of fun.

**Michael Okeke (Year 7)**



**Respect Responsibility Resourcefulness**

Thursday the 15th of December, our last day skiing. We hit the slopes with a bang, eager to make the most out of our day. My group did a lot of skiing, from blue to our very first “black” and also not forgetting the beginners that hit the slopes for the first time.

I can’t say that I didn’t fall or “Mr. Akinola” didn’t fall; we all fell and that made the experience better. The proverb, “No pain, no gain” is something you really need to think about while skiing; from falling, to your shins hurting.

Today was our last day and probably the best. We did a lot, like skiing backwards, and doing jumps. Please, never believe Mr. Akinola when he says he is a warrior and that he never falls, because his falls were the worst e.g rolling down the mountain. No more skiing but at least we made the most out of it.

**Khaira AbdulRazaq (Year 8)**



**Respect Responsibility Resourcefulness**

On December 17th we went on a trip to the Museum of Natural History. As we entered the doors we were greeted with a gift shop where many of us took a long time to pick out different souvenirs. Some of us chose to get key chains, while others bought necklaces. We took a look around the exhibits on the ground floor, where we saw many display cases on different types of animals. I was overjoyed as I saw the different types of animals and the families they belong to.

After going through the exhibits on the ground floor we made our way to the first floor, where we saw a real turtle in its habitat. We continued the journey as we walked through the long corridor. As we walked along, I was filled with excitement when I saw many animals showcased together; there were bats, deer, lions, tigers, snakes and so much more.

At last, all good things must come to an end. The trip to the museum was so far the best thing I have done on this trip and is something that I would forever treasure.

**Adeola Oniyide (Year 9)**



**Respect Responsibility Resourcefulness**

# HOW I SPENT MY DECEMBER HOLIDAY

**D**uring the December holiday at the end of 2016, I went to Dubai. After flying for over four hours, we reached the airport. I noticed that the airport was so massive that you have to board a train to go from place to place.

When we got out of the airport, we took a cab and went to our apartment. We took our luggage to the room and then went out for dinner. After dinner at a Pakistani restaurant, we returned to our room, where I watched movies throughout the night.

The next day, we went shopping for clothes, shoes and toys and we found lots of interesting and lovely things. Next, we visited Ferrari World in Abu Dhabi and had fun riding many things, but the best for me was the fastest roller coaster ride in the world. I also drove a racing car and did lots of other things. Finally, we went to the Yas Waterworld, where we swam and played.

We returned to Abuja over the weekend. School began on Wednesday, 4<sup>th</sup> January 2017

**Dawit Eminu (Year 7 Benue)**



## QUOTATION OF THE WEEK

“Nothing in this world can take the place of persistence. Talent will not. Nothing is more common than unsuccessful men with talent. Genius will not. Unrewarded genius is almost a proverb. Education will not. The world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan “Press On” has solved and will always solve the problems of the human race.”

– John Calvin Coolidge Jr, 30th President of the United States (1872 – 1933)

## OPEN DAYS FOR 2017/2018 ADMISSIONS

Thursday 19<sup>th</sup> January, 2017 : For The Regent Primary School & Abuja Preparatory School.

Friday 27<sup>th</sup> January, 2017: For the General Public.

Please remember these dates and spread the word amongst friends and family.

## ANNOUNCEMENTS

**Issuing of Reports:** Term 1 reports will be issued on Monday, 9 January.

**Parent-Teacher Consultations:** Consultations have been scheduled for Friday 13<sup>th</sup> and Saturday 14<sup>th</sup> January

### STUDENT OF THE TERM



**UMAR EL-YAKUB ZULAIHA**  
**YEAR 8 VOLTA**

**Respect Responsibility Resourcefulness**